Food for Lane County
Internship Position

**Position:** GrassRoots Garden Intern  
**Responsible To:** Merry Bradley, GrassRoots Garden Coordinator  
**Hours per week:** 20 hours/week, April-June 2014

The FOOD for Lane County (FFLC) Gardens Program is an innovative program that addresses the root causes of hunger and malnutrition by promoting community and individual self-sufficiency. With dedicated volunteer and community support, GrassRoots Garden grew over 60,000 pounds of produce in 2013, over 80% of which was distributed through FFLC to hunger relief agencies.

In the garden, community members develop and share skills and resources; youth learn job, gardening and life skills; and people connect to the land and each other as we build a diverse and unique community.

This internship will be focused on the Garden Kitchen, with two out of three days per week spent preparing lunches for and with our wonderful volunteers.

**Potential Internship Tasks:**
- Participating in all maintenance tasks in the garden: composting, watering, planting, harvesting, weeding, bed preparation, soil amending, etc. Learn to be a team leader in the Garden and develop an overall coordinator’s perspective.
- Leading teams of volunteers to prepare delicious and nutritious vegan lunches using seasonal produce and preserved foods
- Learning and teaching basic cooking skills and recipes
- Taking responsibility for kitchen sanitation, setup and cleanup
- Creating and recording recipes for an online cookbook and for future use.

**Skills Gained:**
Interns will gain skills and experience in gardening, cooking and kitchen management, working with all ages and skill levels of volunteers, and community building.

**Desired Qualifications:**
- Interest or experience in organic gardening and outdoor work
- Interest or experience in cooking
- Good social skills
- Organized and reliable
- Patient and good-humored

Hours are 9am-3pm Tuesdays, Thursdays, and Saturdays. Starting May 1 schedule becomes more flexible. We provide an educational stipend for living expenses.

**To apply:** Submit a letter detailing your interests and availability to Kendra Howard, khoward@foodforlanecounty.org by Thursday April 3rd.